

Current Needs

Food

These items are always in high-demand at the food shelf.

- **Gluten free items***
- **Cereal***
- **Peanut butter***
- **Jelly or jam***
- Canned fruit *(in its own juices)*
- Canned chili
- Canned protein
- Quinoa and other whole grains
- Sugar

**Most needed*

Non Food

When available, we offer personal hygiene and household items to our clients.

- Dish soap
- Razors and shaving cream
- Toilet paper
- Baby wipes
- Body wash
- Toothpaste
- Gallon size Ziploc bags
- 55-gallon trash bags
- Clorox wipes
- Facial tissues

Snack Bins

ICA provides Snack Bins and Weekend Bags to local schools to provide food for kids in need. These items are most needed for those programs:

- **All items should be nut-free**
- Granola bars
- Individually packaged healthy snacks (baked chips, pretzels, crackers, goldfish, etc.)
- Fruit cups
- Applesauce cups/pouches
- Graham crackers
- Fruit snacks/roll ups

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